

On some days my child seems to have more difficulty reading than on other days. Should I worry about this?

Question 10 from Helping Your Child Become a Reader
(Scanlon, Anderson, Barnes, Morse, & Yurkewecz-Stellato, 2024¹)

Do not worry. Children may read very well one day and not read as comfortably the next. Why this happens is not entirely clear, but it may frustrate them when they experience more difficulty than usual. Providing a little more help or picking easier books to read should help. This may also be a time to give children a short break by reading aloud to them as a reminder that reading is enjoyable and interesting. As a reminder, it is best not to make children read when they are tired.



¹ The complete 23 question booklet can be accessed at: eltep.org/isa-parent-booklet
All individual questions and the complete booklet can be shared for non-commercial purposes.